

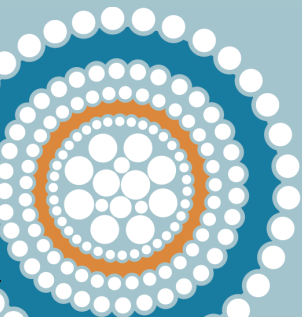
# Winter Escape

---

## AWABA YOGA RETREAT

June 16th - June 18th

An eco yoga retreat offering healthy wholefood cuisine, an incredible nature setting and stunning accomodation. A full program offered by Jennifer (Nutritionist/yoga teacher), Logan (yoga teacher) and Jasmina (Doctor) that includes a weekend of healthy eating, yoga, pranayama, meditation and nutrition workshops. As a added bonus you have the option to relax with our Zentai Shiastu massage therapist, Melida. Feeling stressed, tired or low in energy, then this retreat is perfect for you to re-energise and wind down. \$447 for shared room or \$497 for Private. Book now as spaces limited.



.....  
Yogakula.com.au  
Tel: 0418138779  
.....

